

# 10 Fitness Features

Full Locker Facilities

Open and Fully Staffed  
24 Hrs Mon-Fri

Group Exercise Classes<sup>1</sup>

Kids Club<sup>1</sup>

Level 10 Team Training<sup>1</sup>

Professional Tanning Booths  
and Massage Chairs

Nationally Certified Personal Trainers

Spacious Functional Training Area

30 Minute Circuit Training

Large Free Weight Area

Tons of Cardio at Each Location

Friendly, Helpful Staff



## Rodney Parham

10901 N Rodney Parham

## North Little Rock

6929 Hwy 107

## University

6221 Colonel Glenn Rd

## Maumelle

11731 Maumelle Blvd

## Bryant

519 West Commerce

## Conway

2125 Harkrider

## West Conway

605 Salem Road

## Cabot

204 S Rockwood Dr

## Searcy

2205 W Beebe Capps Expressway

## Jonesboro

1226 Caraway Rd

## Springfield, MO

1444 S Glenstone Ave

**855-MY10FIT**  
**10Fitness.com**

# 10 Fitness

Your Best Life Starts Here

## Best Value

## Real Results

## Locally Owned

## More Locations



**10**

<sup>1</sup> Available at our Rodney Parham, NLR, Conway, Maumelle, University, Cabot, Searcy and Jonesboro locations

# Basic

Just the Basics

**\$10**  
PER MONTH

Single Club Unlimited Access  
Access to Fitness Floor  
Access to Locker Rooms  
Fitness Assessment

# Premium

Everything You Need

**\$25**  
PER MONTH

**BEST  
SELLER**

All Club Unlimited Access  
Access to Fitness Floor  
Access to Locker Rooms  
Fitness Assessment  
Unlimited Group Exercise Classes  
VIP Guest Privileges  
Tanning  
Massage Chairs  
20% Off All Supplements  
20% Off All Cooler Drinks

# Level 10

Amenities, Accountability and Results

**\$40**  
PER MONTH

All Club Unlimited Access  
Access to Fitness Floor  
Access to Locker Rooms  
Fitness Assessment  
Unlimited Group Exercise Classes  
VIP Guest Privileges  
Tanning  
Massage Chairs  
20% Off All Supplements  
20% Off All Cooler Drinks  
**Unlimited Level 10 Team Training**  
**Monthly Progress Meeting**